

SPEAKER PROFILES

CPA'S 13th INTERNATIONAL CPD CONFERENCE

EASTERN CARIBBEAN: MARCH 6-13, 2010



Dr. Jodi Lofchy

Dr. Jodi Lofchy is Director of Psychiatry Emergency Services at the University Health Network in Toronto. She is also Director of Undergraduate Education for the Department of Psychiatry and Associate Professor at the University of Toronto. After receiving her medical degree from Toronto University, Dr Lofchy completed her training in Vancouver, BC, followed by several years practicing as a GP. Dr Lofchy returned to Toronto to undertake the residency program in Psychiatry. This was followed by a 2-year Fellowship in Emergency Psychiatry at the Clarke Institute of Psychiatry where she was subsequently appointed Director of Emergency Services.

Dr. Lofchy has been involved in the development of formal teaching programs in Emergency Psychiatry at the University of Toronto and has assisted other universities in the creation of similar programs, having published widely in the areas of innovations in emergency education and medical education. She is currently Chair of the Canadian Psychiatric Association's Standing Committee on Education and was formerly Chair of the Canadian Organization of Undergraduate Psychiatric Educators.

Dr. Lofchy has been an invited lecturer, nationally and internationally, to speak on Emergency Psychiatry and Education, and has been the recipient of numerous teaching awards for excellence and innovation in education. These awards include the CPA's Paul Patterson Education Leadership award, the APA's Nancy Roeske Certificate of Recognition for Excellence in Medical Student Education and the American College of Psychiatrists' Award for Creativity in Education. Dr. Lofchy is also a joint recipient of the CPA and Council of Psychiatric Continuing Education's (COPCE) Most Outstanding Continuing Education Activity in Psychiatry in Canada.



Dr. Cláudio N Soares, MD, FRCPC, PhD

Claudio N Soares, MD, PhD, FRCPC is an Associate Professor at the Depts. Of Psychiatry and Behavioral Neurosciences and Obstetrics and Gynecology at McMaster University, Hamilton, Ontario, where he is also the Academic Head of the Mood Disorders Division and Director of the Women's Health Concerns Clinic (WHCC). Dr. Soares is a psychiatrist who earned his medical degree and later on his PhD in Psychoneuroendocrinology at the University of Sao Paulo Medical School, in Brazil. His postdoctoral fellowship in Perinatal and Reproductive Psychiatry was completed at the Massachusetts General Hospital (MGH), Harvard Medical School (HMS); he continued to work at Harvard until 2005 when he joined McMaster University.

Dr. Soares' clinical and research career has been focused on mood and anxiety disorders in women across their reproductive life cycle. He has conducted pivotal studies on hormonal and non-hormonal treatment strategies for depression and other complaints during the menopausal transition. Dr Soares is a member of various psychiatric and menopause-related medical societies and recipient of numerous honors and awards, including 3 NARSAD Awards - National Alliance for Research on Schizophrenia and Depression. He has written extensively in the areas of mood disorders and women's mental health, with more than 130 publications (peer-reviewed manuscripts, books, book chapters and abstracts).

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Dr. Derek Puddester, BA BMedSc MD MEd FRCPC

Dr. Derek Puddester is an Associate Professor at uOttawa's Faculty of Medicine where he also is the Director of the Faculty Wellness Program. The program provides support, advocacy, research, and educational services to medical students, residents, and practicing physicians. Dr. Puddester is also a Child/Adolescent Psychiatrist at the Children's Hospital of Eastern Ontario where he co-leads the Behavioural Neurosciences and Consultation-Liaison Team. He completed his undergraduate training at Memorial University of Newfoundland, residency at McMaster, and fellowship at uOttawa. In 2008, he completed an MEd in Teaching/Learning at uOttawa with his research focused on physician health education. Dr. Puddester has developed several national and international curricular resources on physician health including www.ephysicianhealth.ca, eworkplacehealth.ca, the Royal College of Physician and Surgeon's Physician Health Guide, and the Canadian Medical Association's undergraduate curriculum in physician health.



Professor Pierre Blier, MD PhD

Professor Pierre Blier MD, PhD graduated from the University of Montreal medical school where he received his master's and medical degrees, as well as his PhD in neuroscience.

Dr Blier is currently a Professor in the Department of Psychiatry and Cellular and Molecular Medicine, at the University of Ottawa, and the director of the Mood Disorders Research Unit at the University of Ottawa Institute of Mental Health Research, Royal Ottawa Mental Health Centre. He also holds positions as: Adjunct Professor, Department of Psychiatry at McGill University in Montréal; and Courtesy Clinical Professor, Department of Psychiatry, McKnight Brain Institute at the University of Florida in Gainesville.

He has previously held academic positions as assistant professor, associate professor, and professor in the Department of Psychiatry, Faculty of Medicine, McGill University from 1988 until 2000. He then relocated at the University of Florida at the Brain Institute as a full professor in the Department of Psychiatry and the Department of Neuroscience. He returned to Canada in 2004.

Professor Blier has authored and co-authored more than 380 scientific abstracts and 265 scientific publications. He has received numerous research grants from Fond de la recherche en Santé du Québec and the Medical Research Council of Canada/CIHR, as well as honorific awards from the American and Canadian Colleges of Neuropsychopharmacology. He received the Max Hamilton Memorial Prize in 1998 for outstanding contributions in psychopharmacology from the International College of Neuropsychopharmacology. His research has been supported by numerous peer-reviewed research grants, including the National Institute of Mental Health, and he is now the recipient of the Endowed Chair in Mood Disorders Research from the University of Ottawa and the Canada Research Chair in Psychopharmacology from the Canadian Government.

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Dr. Stanley Yaren, MD FRCPC

Dr. Stanley Yaren specializes in Forensic Psychiatry, a branch of psychiatry concerned with the intersection of mental illness and the law.

He is the Director of the Adult Forensic Psychiatry Program for Manitoba and the Winnipeg Region Health Authority and serves as the Deputy Clinical Head of the Mental Health Program of the Winnipeg Health Sciences Centre. Since 1987, under Dr. Yaren's leadership, Manitoba's Adult Forensic Program has grown from a bare bones operation with one psychiatrist and a few staff into an active teaching program with a research component and an expanded clinical base that includes a multidisciplinary team with five psychiatrists.

Born and raised in Winnipeg's North End, Dr. Yaren completed his medical doctorate in 1972 and his psychiatry training in 1976 at the University of Manitoba, where he is presently an Associate Professor of Psychiatry.

In addition to his teaching and his criminal and correctional forensic work, Dr. Yaren has a consulting practice with an interest in psychiatric disability, employment issues and personal injury litigation. He has been qualified as an expert by Courts in several jurisdictions in personal injury litigation and employment related matters. He serves as a consultant to unions, several insurance companies and disability plans, The Workers Compensation Board of Manitoba and Law Enforcement Agencies. He is a consultant to the Royal Canadian Mounted Police "D Division" Crises Negotiation Team. Dr. Yaren has extensive experience in working with First Nations people and is on the panel of experts for the Indian Residential Schools Adjudication Secretariat.

Dr. Yaren has long been involved in organized psychiatry. He is the immediate past president of the Manitoba Psychiatric Association (2006 – 2008) and has twice served as the Manitoba member of the CPA Council of the Provinces. His term as CPA President (2009-2010) marks his second stint on the CPA Board of Directors on which he served in the mid 90s as the Manitoba representative. Dr. Yaren is also a past executive member of the Canadian Academy of Psychiatry and the Law and a former member of both the Royal College of Physicians and Surgeons Psychiatry Specialty (RCPSC) Committee and the RCPSC Examination Board.



Gregory Hilderman CFP, CLU, CHFC

(Wealth Management)

Greg Hilderman has been a partner in G2 Financial Partners since 1989. A Certified Financial Planner, Chartered Life Underwriter and Chartered Financial Consultant, Greg has practiced comprehensive financial planning since 1981. He has been a specialist in retirement, tax and estate planning since 1987.

Greg is a founding member of the Conference for Advanced Life Underwriting (CALU) and is the past president of the local organization of the Canadian Association of Insurance and Financial Advisors. He has also served as a member of the Retirement Planning Steering committee in Ottawa.

Greg has been instrumental in reshaping how numerous physician groups are compensated, focusing on improving their current and future lifestyles. He has worked on formulating changes to provincial, federal and corporate pension plans to provide enhanced benefits to members. Some of the groups Greg has worked with include neo-natologists, radiologists, thoracic surgeons, neurologists and oncologists in Western Canada, Ontario, Quebec and New Brunswick.